



InnerSpace Center for Emotional Health

101 Plaza East Boulevard, Suite 230

Evansville IN, 47715

Person-Centered Services at a Price Point You Can Afford

Welcome to InnerSpace! We are a locally owned mental-health private practice. Our mission remains the same today as it did when we opened in 2019: to provide premium mental health services in a private practice setting, for people of **all** economic backgrounds. In our efforts to make mental health care accessible to everyone, we proudly accept all forms of Indiana Medicaid, all major commercial insurers, as well as a self-pay rate of \$75 per session.

Who We Are:

InnerSpace is owned by Jacob and Jordan Ames. Since starting on their own in 2019, InnerSpace has grown to hire eight amazing therapists, as well as one stellar administrative assistant! In addition to our usual in-office and online sessions, therapy is also offered to Spanish-speaking clients via tele-health sessions (online sessions only) by one of our bilingual providers. We treat ages 5 and up on a variety of issues, ranging from trauma to developmental disorders and mood disorders, and most anything in between!

What We Can Do:

- Individual Therapy
- Couples' Therapy
- Family Therapy
- Certified Peer Support Professional: assistance with community resourcing, shared problem-solving, and social skills training

How to Begin:

Starting with us is easy! Clients can self-refer, and we also accept referrals from other providers and agencies. Contact us at any of the options below!

- Email: frontdesk.innerspace@therapyemail.com
- Call or text: 812-413-0315
- Fax: 812-909-3001 (traditional fax); 207-544-6959 (electronic fax)